



PROGRAM

THURSDAY, 12/04

- 08.00 – 09.30 Breakfast at Aegialis Hotel
- 09.40 Meeting to present Amorgos and give any recommendations
- 10.30. Departure by coach to explore Kato Meria Area.
- 10.45 Visit to the 1000 years old Byzantium Monastery of Chozoviotissa.
- 11.45. Visit to Agia Triada Tower in Arkesini.
- 13.00 Visit to Agia Paraskevi church, where take place a important celebration on the 26th of July.
- 13.30 Lunch.
- 15.30 Return to the hotel.
- 16.00 On the way visit to Agios Valsamitis Monastery – an ancient water oracle dedicated to Apollo.
- 17.00 Arrival at the hotel - Free time to relax.
- 18.00 Coffee break.
- 18.30 Opening of the conference with a welcoming speech from Mrs Irene Giannakopoulos, President of the Cultural Association of Tholaria and owner of Aegialis Hotel.
- 19.00 Salutations from Mr Emmanuel Lignos, journalist and President of the Cycladic Press
- 19.15 «Tourism and Culture» - by Giannis Evaggelou, President of HATTA
- 19.45 «The icons in Amorgos» by Father Thomas Synodinos.
- 20.45 «The Culture of Amorgos» through the eyes of the French painter Michel Constant.
- Painting exhibition
- 21.00 Welcoming reception and dinner.

FRIDAY 12/04

- 08.00 – 09.15 Breakfast at Aegialis Hotel
- 09.30 Departure and visit to the village of Lagada. Walk to the church Epanochoriani and participation to the icon procession by the flowered path. Return to Lagada. Tour in the village and lunch time. Traditional dance demonstration by children.
- 14. Return to the hotel for resting.
- 18.00 Gathering of the participants – Coffee break.



- 18.30 «The Herbs of Amorgos» by Nikitas Roussos, herbalist and pharmacist
- 19.45 «The paths of Amorgos» - by Ilias Provopoulos - Journalist.
- 20.15 «Health and wellness through water» A. Καραμανλής .
- 20.40 «The water world of Cyclades» Film screening – Giorgos Dampasis
- 21.15 Dinner

SATURDAY, 14/04

- 08.00 – 09.30 Breakfast at Aegialis Hotel
- 09.30 Departure to explore Chora, the capital of the island.
- 10.00 Visit to the Archaeological Museum at Gavra Tower.
- 11.00 Demonstration of the pasteli preparation on the main square of Chora. Coffee and Psimeni Raki.
- 12.30 Visit to Katapola to see the church of Panagia Katapoliani and the cathedral of St Georges. Ascension to the archaeological site of the Ancient Minoa.
- 14.00 Lunch with view on the port of Katapola.
- 16.00 Return to the hotel.
- 17.30 Cooking demonstration of traditional and local recipes.
- 18.30 Coffee break.
- 19.00 “Gastronomy - healthy diet “ by Georges Hatzigiannakis, Chef

SUNDAY, 15/04

- 08.00 – 09.15 Breakfast at Aegialis Hotel
- 09.30 Departure by coach to Potamos village to assist the icon procession on their way back to the Monastery of Chozoviotissa by the ancient path. Participants can follow the procession the whole way (3,5 hours). Participants preferring to not walk can enjoy the beautiful view from Potamos and go back to Ormos, Aegiali.
- 11.30 Lunch and Ouzo offer by the Association of Professionals of Aegiali.
- 15.00 Return to the Hotel
- 18.00 – 20.00 Evening conferences – Coffee - Discussion
- 20.00 Farewell dinner

ΔΕΥΤΕΡΑ 16/4

Departure at 5.00 from the hotel for the port of Katapola.